# Guide for paediatric procedural sedation

## Ketamine

#### **Pre-procedure**

- Risk assessment
- □ Fasting
- Consent and parent information

#### Patient and family

- □ Familiarise child and family with environment and equipment
- Establish child's baseline observations and connect to monitors

## Staff

#### Minimum staff requirements for ketamine sedation



One doctor credentialed to perform paediatric procedural sedation using ketamine.



One nurse credentialed in paediatric procedural sedation to support the administration of ketamine.



Another doctor to perform the procedure.



Appropriate senior doctor available on site with the ability to **immediately** respond if required.

**D** = Doctor **N** = Nurse **SD** = Senior doctor

### Equipment

- Pulse oximetry
- Cardiac monitoring
- □ Blood pressure monitoring
- □ Separate oxygen source, with mask (appropriate size)
- □ Bag-valve-mask (appropriate size)
- □ Suction with a Yankauer sucker attached
- Guedel airway (appropriate size)
- Paediatirc resuscitation equipment

NB: Please ensure that all staff performing the sedation are credentialed.