

PSYCHIATRY -UNIT ROVER for ed trainees

1ST THINGS FIRST

We get rotated to Unit 2- Its an acute inpatient Psychiatry ward with patients ranging from age 16 to 25 years old

Location

- Go to level 2-At Zuoki Cafe, turn Left & then 1st left to the coridoor (same coridoor which leads to Library & go all the way to end, check the signages for Mental Health - Unit 2.
- **Get security access**

-Our name /security card don't automatically have access to psychiatry wards ,so speak to Unit 2 -NUM -Theresa & send her an email to get it activated

- Send Theresa an email on **Theresa.Meiklem@monashhealth.org**
- Provide your employee number.
- Provide your security card number (the barcode at the back)

CONTACTS

Leave

-Leave requests are managed by the Unit Head Dr Shekhar Srinivasan & Monash Doctors .

Emails-

Dr Shekhar Srinivasan - Shekhar.Srinivasan@monashhealth.org

Dr Shekahar's assistant- Ph:97927510

Workforce- MonashDoctors_Operations@monashhealth.org

Roster requests-Principal registrar Dr Dishari Sarkar does the roster.

Email - Dishari.Sarkar @monashhealth.org

Principal Registrar – Dishari Sarkar-

She is extremely helpful & very approachable. Just contact her if any issues for swap rostering, leave.

-Swap

-Fill a swap form get it signed by the other doctor & submit it to Workforce email as above.

-**Reg group**- There is a whatsapp reg group which Disha will invite you to. You can put your swap request in it & other people will help most of the time

-Clozapine Access

-You need special access to clopine central website to prescribe Clozapine & log in Bloods into the website.

-Email clopinecentral@pfizer.com & they will send you a couple of forms to fill & grant access.

Daily routine

08:30 -Handover via webex in handover room.

-Ask Shekhar or Theresa to send you a link to the daily handover

-Round. – file no, nurse, consultant

Ward work- 08:30 am to 5 pm.

-There are 25 patient sin the unit & 5 Junior doctors, so each doctor gets 5 patients. Similarly there are 4 consultants & they distribute patients among themselves.

-All new patients are seen by the allocated consultant & you join them & document the clinical encounter,

-Consultants see the patients at least a week but not everyday but you have to see your allocated 5 patients everyday

-You assess, document, refer, make phone calls all by yourself for your patients.

-Ask for help if gets too busy, every one is very helpful.

- If you have questions regarding management- Consultants are very approachable, Just text them.

Clinical Review

-Every consultant runs through their patients once a week with the whole team via Webex. Each have allocated times

Discharge planning- Once a week, Tue 12 pm with the ward team & extended team in community checking plan for all patients, expected DC date & DC plan.

ECT

-You will be rostered to a week of ECT. Nothing different than your usual role. You just start your day a bit earlier at 8 am, you present to day treatment centre near OT ,Gastroscopy room .When it finishes ,you just resume your daily routine duties.

On call -1st,2nd,Standby on call

-It is a misnomer.You are on site except during nights

Week days-

1st on call 08:30 to 10 pm

– You work 08:30 to 5 pm in unit2 as usual

-You stay on floor from 5 pm to 10 pm ,cover all wards & do all new admissions.

2nd on call- You stay on floor from 5 pm to 9 om & cover ED

Night on call- You are off site but can be called in.

You get a 10 hour period of rest before reporting back next day if you get called in overnight.

Weekend cover

1st on Call- You cover Unit1,Uit 2,Unit 3 from 08:30 am to 10 pm

-Review new admissions with consultant admitted overnight

-Review any sick ones .(You will receive a handover email on Friday about things to do/patients to review for weekend)

2nd on Call- You cover from 08:30 to 5 pm CL psych, ED & wellness recovery centre

Night on call-You are off site but can be called in.

You get a 10 hour period of rest before reporting back next day if you get called in overnight.

Standby on call- You are the third person to cover in case one of the above calls sick.