

## **Epipen**

### **Candidate's information**

You are the Consultant in a non-Tertiary ED. It is Saturday morning and you are completing a ward round of the SSU.

Jenny/James was admitted to the SSU overnight following her/his first episode of anaphylaxis to shellfish. The patient was noted at the scene to be hypotensive with a diffuse rash and wheeze within 10 minutes of ingestion of the shellfish. They were administered adrenaline by paramedics, which resolved their symptoms, and were given steroids on arrival in the ED. They have been observed overnight in the ED and have been completely symptom free since arriving. They are now ready for discharge.

The patient has received a prescription for an Epipen, but has not received instructions on its use. They have asked for someone to explain what the Epipen is for.

Please describe to the patient indications for the use of the Epipen, and clear instructions on how to administer the device.

*You have 7 minutes to complete the task.*

### **Domains assessed;**

Medical expertise

Communication

Scholarship and teaching

Professionalism

## **Actor information**

You are a 35 yo woman/man who has been admitted overnight following your first ever episode of anaphylaxis.

You have no medical problems, no prior allergies and no regular medications.

You were having dinner last night when you became unwell, within minutes of eating your first mouthful of prawns. You felt flushed and hot, were dizzy and became short of breath. Your friend called an ambulance who arrived quickly. You are a bit vague on the details, but do remember the ambulance officer saying your blood pressure was 'really low'.

The ambulance crew gave you an injection in your thigh. By the time you arrived in hospital you were feeling much better. You received some tablets by the night staff, but otherwise haven't needed any other treatment.

You were told you had a bad allergic reaction. The night doctor gave you a prescription for an Epipen but didn't really explain what it was for or when to use it. You're a bit worried about this happening again in the future

Some questions to ask (if not addresses by the candidate)

"Will this ever happen again?"

"When should I use this Epipen?"

"Do I need to take it with me everywhere I go?"

"How do I use it?"

Domain	Criteria for High Rating
<b>Medical Expertise</b>	Briefly confirm events Accurate description of Anaphylaxis Correct instructions on indications for Epipen Correct instructions on delivery of device (not acceptable to tell patient to go see a Pharmacist!) Ensures patient avoids precipitant
<b>Communication</b>	Introduction to patient Verbal clarity, conciseness, specificity – ability for patient to follow directions and appropriate use of language for lay person Explanation of findings to patient, further investigation and management
<b>Professionalism</b>	Professional appearance, demeanor and conduct Empathic interaction with patient.
<b>Scholarship and teaching</b>	Checks understanding

## Examiner's assessment

Candidate Name:

### A. Component Assessment

Select ONE option that best represents the candidate's performance in this OSCE. Use the 9-point graded scale, where 1 is poorest and 9 is best. TICK ONE CELL for each row below.

	1	2	3	4	5	6	7	8	9
Medical Expertise									
Communication									
Professionalism									
Scholarship and teaching									

B. Station Difficulty (please circle):                      Low                      Moderate                      High

### C. Examiner Notes on Candidate Performance

Positives

Areas for Improvement

Suggestions

### D. Global Rating for Standard Setting (please circle)

Clear Fail

Marginal Fail

Borderline

Marginal Pass

Clear Pas